San Diego Heart Failure Symposium





Friday & Saturday

July 19 & 20, 2024

Barry H. Greenberg, MD, FACC Program Director



"The faculty always seems so excited to share the information."

"Excellent faculty with current topics - perfect!"

MN

"Dr. Greenberg said it gets better every year and he is right!" AT

Officially Endorsed by:









# COURSEDESCRIPTION

To keep pace with the rapid growth in our understanding of heart failure and, most importantly, to better treat patients with this disease, the 30th Annual San Diego Heart Failure Symposium will provide a comprehensive overview of emerging concepts of heart failure management and new approaches to therapy. The series of didactic presentations, case discussions and Q & A sessions are designed to efficiently deliver new information that will help provide better care to patients and offer expert advice of how to implement new advances into clinical practice.

This year's Symposium will present sessions on Modifying Lifestyle and Treating Risk Factors, Advances in Patient Management, Cardiomyopathy: Understanding Causes and Novel Therapies, Management of Patients with Heart Failure with Reduced Ejection Fraction, Advances in Treating Patients with Cardiogenic Shock and Novel and Advanced Therapies for **Heart Failure.** The lectures in these sessions will provide a comprehensive overview of new drugs, devices and strategies for treating patients with heart failure and will describe practical approaches for implementation. Highlights of the Symposium will be the 10th Annual Stanley Lloyd, M.D. Lecture on Heart Failure and Pregnancy and Featured Talks on The Cardiometabolic Syndrome: A New Framework for Understanding Heart Failure, Advances in Understanding and Treating Patients with HFpEF, Diagnosing and Treating Amyloidosis, Genetic Causes of Cardiomyopathy and Advances in Heart Transplantation-What Does the Future Hold? To celebrate the 30th Anniversary of the Symposium, the program director will present the Founders Lecture on The Future of Heart Failure.

For this year's Symposium the program director has recruited a world-renowned faculty representing multiple disciplines as well as patient advocates who will provide an important perspective on the goals of therapy. As in the past, the Symposium will be presented in hybrid format. We encourage providers to attend the live presentations at the beautiful Hilton La Jolla Torrey Pines where they can interact with their colleagues, speakers and industry representatives over the two-day Symposium. For those who can't attend, on-line streaming of all sessions will be available. In addition, the Symposium will be available on-line for several weeks so that you will be able to return to lectures of interest or catch up on those that you missed.

# **SYMPOSIUM OBJECTIVES**

At the conclusion of this program, the participant should be able to:

- 1. Summarize current and emerging treatments available for preventing and treating heart failure and provide information to help in the selection of the most effective choices in individual patients.
- 2. Review strategies for implementing medical and device therapies that will lead to improved outcomes in heart failure patients.
- 3. Define how specific populations including minorities, women and the elderly respond to various approaches to treating risk factors and heart failure.

# **CMEDINEORMATION**

#### NEEDS ASSESSMENT

Heart failure (HF) is common, currently affecting well over million Americans. Moreover, prevalence is increasing in both developed and developing countries around the world. In the U.S. alone, an estimated 670,000 new cases of heart failure are diagnosed each year. Perhaps of greatest importance is that heart failure is a major cause of morbidity and mortality. Within 8 years of diagnosis, 80% of men and 70% of women less than 65 years of age with new onset heart failure will die. Overall, HF is the number one cause of hospitalizations of the elderly in the U.S.

Knowledge about HF is accumulating rapidly. The Symposium is designed to help clinicians synthesize new information about heart failure and integrate it into effective strategies of care of their patients. The Symposium will provide a comprehensive overview of diagnostic approaches, current evidence-based therapies and treatment strategies as well as emerging approaches for treatment.

#### TARGET AUDIENCE

The target audience for this activity includes cardiologists, internists, primary care physicians, nurses and allied healthcare professionals.

#### ACCREDITATION

The AAFP has reviewed 30th Annual San Diego Heart Failure Symposium and deemed it acceptable for up to 10.75 Live AAFP Prescribed credits. Term of Approval is from 07/19/2024 to 07/20/2024. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Prescribed credit is accepted by the American Medical Association as equivalent to  $AMA\ PRA\ Category\ 1\ credit(s)^{TM}$  toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

#### **CULTURAL AND LINGUISTIC COMPENTENCY**

This activity is in compliance with California Assembly Bill 1195 which requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. Cultural competency is defined as a set of integrated attitudes, knowledge, and skills that enables health care professionals or organizations to care effectively for patients from diverse cultures, groups, and communities. Linguistic competency is defined as the ability of a physician or surgeon to provide patients who do not speak English or who have limited ability to speak English, direct communication in the patient's primary language. Cultural and linguistic competency was incorporated into the planning of this activity.

Register for the Symposium online at: SanDiegoHeartFailure.com

#### **FURTHER INFORMATION**

Complete Conference Management 3320 Third Avenue, Suite C San Diego, CA 92103 SanDiegoHeartFailure.com
PH 619-299-6673 FAX 619-299-6675
info@ccmmeetings.com
www.ccmmeetings.com

### FACULTY

#### UC SAN DIEGO PROGRAM DIRECTOR



Barry H. Greenberg, MD, FACC
Distinguished Professor of Medicine
Director, Advanced Heart Failure Treatment Program
UC San Diego
La Jolla, CA

#### **GUEST FACULTY**



Chris Barnett, MD, MPH, FACC Professor of Medicine Chief, Section of Critical Care Cardiology University of California, San Francisco San Francisco, California



Uri Elkayam, MD, FACC, FAHA, FHFSA Professor of Medicine Professor of Obstetrics and Gynecology Director Maternal Cardiology University of Southern California Los Angeles, CA



Gregg Fonarow, MD, FACC, FAHA, FHFSA
The Eliot Corday Professor of Cardiovascular Medicine and Science
Director, Ahmanson – UCLA Cardiomyopathy Center
Co-Director, UCLA Preventative Cardiology Program
Interim Chief, UCLA Division of Cardiology
David Geffen School of Medicine
Los Angeles, CA



Yehuda Handelsman, MD, FACP, FNLA, FASPC, MACE
Medical Director & Principal Investigator, Metabolic Institute of America
Chair Scientific Advisory board, DCMi- Diabetes, CardioRenal & Metabolism Institute
Chair & Program Director World Congress on IR, DM & CVD & Heart in Diabetes
Past- President: American College Endocrinology, American Association Clinical
Endocrinologists, Pacific Lipids Association
Tarzana, CA



Mandeep R. Mehra, MBBS, MSc, FRCP (London)
The William Harvey Distinguished Chair in Advanced Cardiovascular Medicine
Executive Director, Center for Advanced Heart Disease, Brigham Health
Professor of Medicine, Harvard Medical School
Boston, MA



Clyde W. Yancy, MD, MSc Vice Dean, Diversity & Inclusion Magerstadt Professor of Medicine Professor of Medical Social Sciences Chief, Division of Cardiology Northwestern University Chicago, IL

# FACULTY

#### UC SAN DIEGO PARTICIPATING FACULTY



Eric Adler, MD, FACC
Professor of Medicine
The Czarina and Humberto S. Lopez
Chancellors Endowed Chair in
Cardiology
Director Strauss Center for
Cardiomyopathy & Section Head
Heart Failure



Joachim (Joe) Ix, MD, MAS
Darrell and DorthyAnn Fanestil
Professor of Medicine
Chief, Division of
Nephrology-Hypertension Vice Chair for
Faculty Affairs,
Department of Medicine



Harpreet Bhatia, MD, MAS, FACC Assistant Professor of Medicine



Jade Kozuch, PharmD, BCTXP Pharmacist Specialist Cardiothoracic Transplant and Mechanical Circulatory Support



Quan Bui, MD Assistant Professor of Medicine Advanced Heart Failure and Transplant Cardiologist



David E. Krummen, MD, FACC, FHRS Director of Electrophysiology, VA San Diego Healthcare System Professor of Medicine



Luis Castellanos, MD, MPH
Professor of Medicine
Division of Cardiovascular Medicine
Director of Diversity &
Faculty Outreach



**Julia McCain, MS, PA-C** Advanced Heart Failure



Jose Benjamin (Ben) Cruz Rodriguez, MD, MPH Assistant Professor of Medicine Heart Failure and Transplant Cardiology



Victor Pretorius, MBChB, FRCSC Professor of Surgery



Kimberly N. Hong, MD, MHSA
Assistant Professor of Medicine
Advanced Heart Failure,
Heart Transplant and Mechanical
Circulatory Support



Ryan R Reeves, MD
Associate Professor of Medicine
Director, Interventional Cardiology
Fellowship Training Program
UC San Diego Sulpizio
Cardiovascular Center
VA San Diego Healthcare System



Trina Huynh, PharmD, BCPS
Transitions of Care Coordinator Department of Pharmacy



Hilary Shapiro, MD, MSc, FACC
Assistant Clinical Professor of Medicine Advanced Heart Failure and Transplant Cardiology

# FACULTY

#### UC SAN DIEGO PARTICIPATING FACULTY Continued



Jorge Silva Enciso, MD, FACC Clinical Professor of Medicine Director, Hypertrophic Cardiomyopathy Program Heart Failure, Mechanical Circulatory Support and Transplant Cardiology



Marcus Anthony Urey, MD Associate Professor of Medicine Department of Medicine



FASPC
Director of Step Family Foundation
Cardiovascular Rehabilitation and
Wellness Center
Professor of Medicine
UC San Diego Health System

Division of Cardiovascular Medicine

Pam R. Taub, MD, FACC,



**Jenny Yang, MD**Pulmonologist and
Critical Care Physician
Assistant Professor of Medicine



Hao (Howie) Tran, MD, FACC Associate Professor of Medicine Director, Heart Failure Services Director, Cardiogenic Shock and Mechanical Circulatory Support Division of Cardiovascular Medicine

#### PATIENT ADVOCATES



Rhonda Monroe North Carolina



Lisa Salberg Denville, NJ

#### FACULTY DISCLOSURE

It is our policy to ensure balance, independence, objectivity and scientific rigor. All persons involved in the selection, development and presentation of content are required to disclose any real or apparent conflicts of interest. All conflicts of interest will be resolved prior to an educational activity being delivered to learners through one of the following mechanisms 1) altering the financial relationship with the commercial interest, 2) altering the individual's control over CME content about the products or services of the commercial interest, and/or 3) validating the activity content through independent peer review. All persons are also required to disclose any discussions of off label/unapproved uses of drugs or devices. Persons who refuse or fail to disclose will be disqualified from participating in the CME activity.

# PROGRAM

# FRIDAY, JULY 19, 2024

7:45am	Registration Open
8:00-9:00	PRODUCT THEATRE I - Non-CME
	Breakfast Session
9:10-9:15	Welcome and Introduction to the Symposium: Heart Failure in 2023 Barry Greenberg, MD
SESSION I - M Pam Taub, MD	Modifying Lifestyle and Treating Risk Factors to Prevent CV Disease (Moderator)
9:15-9:35	FEATURED LECTURE I The Cardiometabolic Syndrome: A New Framework for Understanding Heart Failure Pam Taub, MD
9:35-9:50	Treating Hypertension: Goals and New Strategies for Achieving Them Joachim Ix, MD
9:50-10:05	The Role of GLP1 Agonists in Cardiovascular Disease and Heart Failure Yehuda Handelsman, MD
10:05-10:20	New Options for Treating Dyslipidemia Harpreet Bhatia, MD
10:20-10:30	Risk Management: A Patient's Perspective Rhonda Monroe
10:30-10:50	Panel Discussion on Managing Cardiometabolic Risk Pam Taub, MD ( <i>Moderator</i> ) Drs. Handelsman, Ix, Bhatia and Jade Kozuch, PharmD, and Rhonda Monroe - Patient Advocate ( <i>Panelists</i> )
10:50-11:20	Coffee Break/Visit Exhibits
	Advances in Patient Management rg, MD (Moderator)
11:20-11:40	FEATURED LECTURE II  Advances in Understanding and Treating Patients with HFPEF  Uri Elkayam, MD
11:40-11:55	Using Artificial Intelligence and Machine Learning To Diagnose and Predict Outcomes in Heart Failure – What Does the Future Hold? David Krummen, MD
11:55-12:10pm	Pulmonary Arterial Hypertension (PAH) Jenny Yang, MD
12:10-12:25	Advances in Remote Monitoring Hao (Howie) Tran, MD
	continued

# PROGRAM

FRIDAY, JULY 19, 2024 continued		
12:25-12:40	Panel Discussion / Q & A Barry Greenberg, MD (Moderator) Drs. Elkayam, Krummen, Yang, Tran (Discussants)	
12:50-1:50	PRODUCT THEATRE II - Non-CME Lunch Session	
1:50-2:10	Visit Exhibits	
	- Cardiomyopathy: Understanding Causes and Novel Therapies ny (Tony) Urey, MD (Moderator)	
2:10-2:30	FEATURED LECTURE III Diagnosing and Treating Amyloidosis Marcus Antony (Tony) Urey, MD	
2:30-2:45	Hypertrophic Cardiomyopathy Jorge Silva, MD	
2:45-3:00	Genetic Testing: When To Order It and What To Do With the Results Kimberly Hong, MD	
3:00-3:20	FEATURED LECTURE IV Genetic Causes of Cardiomyopathy Eric Adler, MD	
3:20-3:35	Gene Therapy for Cardiac Disease Barry Greenberg, MD	
3:35-3:50	Recognizing and Treating Uncommon Causes of Cardiomyopathy Ben Cruz, MD	
3:50-4:05	A Patient's Perspective Lisa Salberg, Patient Advocate Founder and CEO Hypertrophic Cardiomyopathy Association	
4:05-4:40	Case Presentation / Q & A  Marcus Antony (Tony) Urey (Presenter)  Drs. Silva, Hong, Adler, Greenberg, Cruz and Lisa Salberg - Patient Advocate (Panelists)	
4:40	Adjourn for the Day	

# PROGRAM

SATURDAY, JULY 20, 2024		
7:30-8:00am	Registration Open	
8:00-9:00	PRODUCT THEATRE III - Non-CME Breakfast Session	
9:15-9:40	<b>FOUNDERS LECTURE: The Future of Heart Failure Care</b> Barry Greenberg, MD	
Reduced Ejec	- Management of Patients with Heart Failure with etion Fraction erg, MD (Moderator)	
9:40-9:55	SGLT2 Inhibitors: A Therapy for All Patients With Heart Failure? Clyde Yancy, MD	
9:55-10:15	Guideline Directed Medical Therapy for Patients with HFrEF Gregg Fonarow, MD	
10:15-10:30	Providing Care for All Luis Castellanos, MD	
10:30-10:45	Diagnosing and Treating Iron Deficiency in Patients with Heart Failure Hilary Shapiro, MD	
10:45-11:00	Other Therapies (Finerenone, Hydralazine/Isosorbide, Ivabradine, Fish Oil) Quan Bui, MD	
11:00-11:10	Living with Heart Failure: What Do Patients Want? – A Patient's Perspective Rhonda Monroe	
11:10-11:30	Panel Discussion - Q & A  Barry Greenberg, MD (Moderator)  Drs. Fonarow, Yancy, Castellanos, Shapiro, Bui and Trina Huynh, Pharm D, Julia McCain PA, Rhonda Monroe (Panelists)	
11:30-11:45	Visit Exhibits	
11:45-12:45	PRODUCT THEATRE IV - Non-CME Lunch Session	
12:45-1:00	Visit Exhibits continued	

July 2025

PR (	OGRAM			
SATURDAY, JULY 20, 2024 continued				
1:00-1:25	10th Annual Stanley Lloyd, MD Lecture Heart Failure and Pregnancy Uri Elkayam, MD			
SPECIAL SESSION: Advances in Treating Patients with Cardiogenic Shock Hao (Howie) Tran, MD (Moderator)				
1:25-1:40	Cardiogenic Shock: Importance of Early Recognition Kimberly Hong, MD			
1:40-1:55	Virtues of a Cardogenic Shock Program Chris Barnett, MD			
1:55-2:10	Management of Cardiogenic Shock Hao (Howie) Tran, MD			
2:10-2:25	<b>Recognizing CAD in Patients with Heart Failure</b> Greg Fonarow, MD			
2:25-2:40	Impact of Revascularization on HF Symptoms: Insights from Restore-EF and Protect III Chris Barnett, MD			
2:40-3:00	Coffee Break/Visit Exhibits			
SESSION V - Novel and Advanced Therapies for Heart Failure Barry Greenberg, MD (Moderator)				
3:00-3:20	FEATURED LECTURE V Heart Pumps Now and For the Future Mandeep Mehra, MD			
3:20-3:40	FEATURED LECTURE VI Advances in Heart Transplantation - What Does the Future Hold? Victor Pretorius, MD			
3:40-4:00	<b>Novel Interventions for Treating the Failing Heart</b> Ryan Reeves, MD			
4:00-4:20	Panel Discussion / Q & A Barry Greenberg, MD (Moderator) Drs Mehra, Pretorius and Reeves (Panelists)			
4:20	Adjourn Until 31st Annual San Diego Heart Failure Symposium in			

# HOTEL

#### Hilton La Jolla Torrey Pines

10950 North Torrey Pines Road La Jolla, California, 92037, USA

Tel: (858) 558-1500

You'll find us amid the Torrey Pines Golf Course with views of the Pacific Ocean from our rooms. We're less than five miles from Torrey Pines State Beach and the hiking trails of Torrey Pines State Reserve. Enjoy our outdoor pool and tennis courts, as well as exclusive access to daily golf tee times. We are located 15 miles north of San Diego International Airport in the exclusive area of La Jolla and overlooking the legendary Torrey Pines Golf Course



**Special Symposium Rate - Single/Double:** \$319 per night Plus San Diego occupancy tax of 10.50% and resort fee of \$26.

First night's deposit or credit card guarantee must accompany reservation. To secure this special symposium rate you must reserve by: June 18, 2024

For Reservations by phone, mention Group Code: TBD

#### Resort Fee

For San Diego Heart Failure Conference attendees, this charge will be offered at a special rate of \$26 per room, per night, plus applicable state and local tax to include the following benefits:

- 2 glasses of house wine OR 2 tap beer of choice at the bar
- Access to Shiley's Sports Complex
- Resort games, toys, & Yoga equipment
- 15% off Torrey Pines Pro Shop
- WI-FI basic access
- 2 bottles of water per day, based on double occupancy max 2/rm
- 20% gift shop discount
- Access to sports courts and equipment rentals

### **Parking**

We are pleased to extend a discounted day event parking rate for attendees at \$16.00 per car self-parking and \$21.00 per car valet on the day(s) of the event. Standard overnight parking rates apply (see hotel for current rate).

# Register Online: SanDiegoHeartFailure.com

# REGISTRATION

### San Diego Heart Failure Symposium 2024

First Name				
Last Name				
Title				
Office Address				
City	StateZip			
Phone	Fax			
Email				
Professional Specialty				
Special Needs for Disabled				
REGISTRATION FEES	on or before on or after June 10 June 11			
Physician	\$199 \$250			
Nurse & Allied Health Care	\$129 \$149			
Students with Student ID*	\$50 \$50			
*with letter from Department Superv	isor			
CREDIT CARD PAYMENT (	Visa, Mastercard, Am Ex or Discover)			
Name				
Card Number				
Exp. Date Security Code				
Name on Card				
Billing Address				
Amount \$				
Signature				
<b>Register Online:</b>	SanDiegoHeartFailure.com			
CHECK OR MONEY	MAIL OR FAX TO:			
ORDER PAYMENT	Complete Conference Management			
(in US dollars)	3320 Third Avenue, Suite C			
Make payable to:	San Diego, CA 92103			

#### SYMPOSIUM CANCELLATIONS

San Diego Heart Failure

Symposium

If your registration must be cancelled and a refund of your fee is desired, your fee, less \$35 for administrative costs, will be refunded upon receipt of a written request that includes your signature. No refunds will be made after **June 30, 2024.** 

Fax: 619-299-6675